



Breakfast Menu

Choice from the Cold Buffet

Selection of Cereals, Fresh Fruit Salad, Natural Greek or Fruit Yoghurt

Stewed Prunes, Grapefruit Segments, Selection of Nuts and Dried Fruits

Fruit Juice – Orange, Pink Grapefruit, Apple or Montmorency Cherry

Or

Porridge with Double Cream and Drambuie

Cooked Breakfast

Full Scottish Breakfast

Grilled Back Bacon, Pork Sausage, Gow's Black Pudding, Sautéed Mushrooms,

Oven Roasted Tomatoes, Heinz Baked Bean and Potato Scone

Vegetarian Breakfast

Quorn Sausage, Heinz Baked Beans, Oven Roasted Tomatoes, Sautéed

Mushrooms and Potato Scone

Egg - *Free Range Hens Egg served Fried, Poached, Scrambled or Softly Boiled*

Kippers

Lochfyne Kipper Grilled with Lemon and Herb Butter

Smoked Salmon

*Scottish Smoked Salmon with Scrambled Egg served on Wholemeal Toast &
Lemon*

Poached Egg Benedict

*Breakfast Muffin Toasted and Topped with Parma ham, Poached Eggs and
Hollandaise Sauce*

Poached Eggs Royale

*Toasted Breakfast Muffin with Poached Eggs, Smoked Salmon and
Hollandaise Sauce*

Omelette Arnold Bennett

3 Egg Omelette with Smoked Haddock and Mature Scottish Cheddar Cheese

Continental Cheese and Meat Selection

Croissants

Wholemeal or White Toast

Beverages

Cafetiere of Coffee

Breakfast Tea, Earl Grey, Fruit or Herbal Tea